



# CONFIRMATION 2023

## St. Paul Catholic Church

“... you will receive power when the Holy Spirit comes upon you, and you will be my witnesses...”  
**Acts 1:8**

### INVITATION

We welcome you and your family to the St. Paul Confirmation Program! At St. Paul, all high school teens (9th grade & above) are invited to begin the process of Sacramental Preparation for Confirmation. Teens who begin Confirmation Preparation in **Fall of 2022** will be confirmed Spring 2023 with Bishop William Wack, **Sunday, May 14, 2023 at 2pm.**

### WHAT IS CONFIRMATION?

Confirmation perfects the grace of Baptism. Baptism is the beginning of new life and Confirmation is the strengthening of new life. We receive the full outpouring of the Holy Spirit as once granted to the apostles on the day of Pentecost. Confirmation unites us more firmly to Christ and increases the gifts of the Holy Spirit in us.

### WHY CONFIRMATION PREPARATION?

The Confirmation Preparation process consists of various elements, which provide a framework for supporting youth and the parish as they grow as a faith community. The process includes opportunities for learning, service, and worship, which require sufficient time for growth, reflection, and maturation. The preparation time is essential to the process. Confirmation invites youth to life-long faith formation and to service in ministry. It is not a graduation from church! It is a beginning, not an end. We look forward to this journey as we explore and enrich our faith together by following Christ and being open to the Holy Spirit.

# CONFIRMATION REQUIRED EVENTS & ACTIVITIES 2022-23

## 1. Mass

Keep Holy the Lord's Day.

The Eucharistic Liturgy is the source and summit of our Catholic faith. **Regular weekly Sunday Mass attendance is vital to the spiritual growth of every Catholic.** At weekly Sunday Mass, teens experience the depths of God's love through the Word, the community, and the Eucharist.

Mass Times at St Paul are:

**Saturday Vigil Mass:** 4:30 pm **Sunday:** 8:30 am, 11:00 am & 6pm

Traveling for the weekend? Visit [masstimes.org](https://www.masstimes.org) to find a Mass near you!

## 2. Parent Involvement

As the first and primary educators of the faith to your children you will prepare together for the great Gift of the Holy Spirit. The parish will provide guidance, materials, and support along the way.

## 3. Confirmation Prep Online Classes and Projects

We will be using the Ascension Press Confirmation preparation program entitled, **“Chosen: Your Journey Toward Confirmation.”** This is a 24-session video-based, online course with supplementary materials for parents and teens to use together. It is our hope that this time will not only offer your child a thorough knowledge and understanding of the Catholic Faith, but will also win over their heart at this critical time in their life. The program has been designed to address and answer your child's fundamental questions about life, and to challenge him or her to embrace a life of faith.

We will meet as a group 7 times throughout this year and weekly lessons will be completed at home. I will send weekly Flocknote reminders to the students to keep them on track.

The students will also compose a letter to the Bishop and our Pastor on why you want to be confirmed.

## 4. Choosing a Sponsor

Sponsors are people who you can rely on during your faith journey. They should be people with a deep commitment to the Catholic faith and who are active, confirmed members of their parish. They should be willing to listen to you, help you answer questions, and be willing to share their faith and example with you. Sponsors are expected to maintain REGULAR contact with their candidate to pray, socialize and develop a stronger relationship. Sponsor forms must be submitted by January 8 2023. There is a sponsor form on the website that needs to be filled out returned to the parish. Sponsor's can receive a sponsor guide via emailed link.

## 5. Choosing a Saint Name

In the Sacrament of Confirmation, we choose a Saint name. This should be the name of a saint who models for us what it truly means to pursue and live holiness. It is never too early to choose their saint and begin asking for his/her intercession as they seek to live a life of holiness each day.

## 6. Session Details

Lessons should be done weekly and in order. Do not do 4 sessions at once. This is a process and should be done weekly. Dates for completing each lessons are listed on the back of this handout.

- Step 1: Pray the Opening prayer. In workbook, read *Dive In* and then watch video presentations and answer questions.
- Step 2: **BONUS** Read *To the Heart* and answer question that will be sent to you via weekly Flocknote Lesson email to be qualified for end of year award!
- Step 3: In the Chosen workbook, read the *Challenge of the Week* (choose one). Write about it in your workbook, these will be checked in class.
- Step 4: With your parent read the *Hero of the Week*, discuss how the life of the saint relates to this weeks lesson.
- Step 5: Read the closing prayer and add any personal intentions you may have. (Hero of the Week and closing prayer can be saved for family prayer time if parent is not present or available when the student is completing the lesson.

*I recommend that the lesson be completed at one sitting. It should not take more than 45min. As mentioned, HOTW and prayer can be saved for family prayer time.*

# CONFIRMATION CHECK OFF LIST

- Register for Confirmation at: <https://www.stpaulcatholic.net/confirmation>.
- Mail check or pay online for Confirmation, THEN
- I will register the student and provide credentials to access course.
- Turn in Confirmation Participation Agreement.
- If not already registered, register for Flocknote on our website.
- I will request a recent copy of baptismal certificate.

## Schedule

**Parent Meeting for Confirmation:** August 21, 2022 at 6:30pm

**Confirmation Class:** August 28 at 2pm, first lesson, receive workbooks, class format & expectations explained. Each class will be at 2pm in the Parish Hall

Lessons Due on Sundays:

**9/4/2022** Lesson 2

**9/11/2022** Lesson 3

**9/18/2022** Lesson 4

**9/25/2022** Lesson 5

**10/2/2022** **Class**

**10/9/2022** Lesson 6

**10/16/2022** Lesson 7

**10/23/2022** Lesson 8

**10/30/2022** Lesson 9

**11/6/2022** **Class**

**11/13/2022** Lesson 10

**11/20/2022** Lesson 11

**11/27/2022** Lesson 12

**12/4/2022** **Class**

**12/11/2022** Lesson 13

**12/18/2022** Lesson 14

**Christmas Break**

**1/8/2023** **Class**

**1/15/2022** Lesson 15

**1/22/2022** Lesson 16

**1/29/2022** Lesson 17

**2/5/2023** **Class**

**2/12/2023** Lesson 18

**2/19/2023** Lesson 19

**2/26/2023** Lesson 20

**3/5/2023** Lesson 21

**3/12/2022** Lesson 22

**3/19/2022** **Class**

**3/26/2022** Lesson 23

**4/29/2023** Confirmation Penance Service 9am -12pm

*Confirmation Mass*

**Sunday, May 14, 2023**

For more information, please contact **Debbie Ridder, Director of Sacramental Education and Evangelization**

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