

Saints Joachim and Anne Ministry (JAM)

Volunteer Form

Thank you for volunteering to serve as a JAM companion. JAM's goal is to bring joy and hope into the lives of those isolated in our community, especially the elderly. Studies show that those who lack regular human interaction suffer greatly from mental and physical decline. St. Mother Teresa tells us that "Loneliness and the feeling of being unwanted is the most terrible poverty." So let us begin conquering this terrible poverty plaguing our community.

The JAM coordinator will serve as your liaison; she has identified individuals who may be isolated or lonely, who would like to have companionship. You are asked to build a friendship with one specific person, in order that you can build a strong relationship with them. This will not be an in-person companionship, instead, it will occur in the form of regular letters or phone calls of encouragement, as well as get well wishes/prayers.

Commitment: We ask that you notify us two weeks in advance of stopping your companionship. It would be heartbreaking for the elderly person to make contact, develop a relationship, and then suddenly stop. We realize life happens... you will go on vacation, have other commitments, need to take a break, or have circumstances which will cause you to stop serving as a companion. In that case, we ask that you communicate with the JAM Coordinator so she can identify a substitute or find another companion.

We also ask that you respect the privacy of those taken into your confidence. Please keep private any personal information about your companion you will gain over the relationship. We do ask that if you encounter any troubling signs of severe depression or abuse, you alert us so that we can contact the appropriate care professional to assist them.

Thank you for your kindness, your time and your dedication to those in need.

Name _____

Address _____

Email _____

Phone number _____

